

Osteozal®

Food supplement, For strong bones

Composition:

- Each Film coated tablet of **Osteozal®** contains:
- Vitamin D3 100 IU
- Calcium (as calcium carbonate) 400 mg
- Magnesium (as magnesium oxide) 150 mg
- Zinc (as zinc sulphate) 5 mg

Properties:

- **Osteozal®** is a combination of vitamins and minerals.
- Vitamin D3: Useful for preventing and treating rickets. Also useful for treating osteoporosis, osteomalacia and bone loss in people with hyperparathyroidism.
- Magnesium: helps in hemoglobin formation and maturation of red blood cells.
- Calcium: is involved in the maintenance of the normal function of muscles and nerves, essential for normal cardiac function and the clotting of blood.
- Zinc: Needed for the body's immune system to work properly. It plays a role in cell division, cell growth, wound healing and the breakdown of carbohydrates. Also needed for the growth and development of the body during pregnancy, infancy, and childhood.

Indications:

- ***Osteozal®** is used for:
- Prevent or treat low blood calcium levels in people who do not get enough calcium from their diets.
- Deficiency of calcium and minerals.
- It may be used to treat conditions caused by low calcium levels such as bone loss (osteoporosis), weak bones (osteomalacia/rickets), decreased activity of the parathyroid gland (hypoparathyroidism).

Dosage and administration:

- Two tablets per day with a main meal, swallow with water or cold drink.
- Not to be chewed, do not exceed the recommended intake.

Contraindications:

- **Osteozal®** should not be given in the case of allergy to one or more of the components.
- In the presence of high level of one or more of the components.

Side effects:

No known side effects when taken as recommended.

Precautions:

- **Osteozal®** should not be taken in doses higher than those recommended by the physician.
- Tell your doctor right away if any of these unlikely but serious side effects occur: nausea, vomiting, loss of appetite, unusual weight loss, mental/mood changes, change in the amount of urine, bone/muscle pain, headache, increased thirst, increased urination, weakness, tiredness.

Overdose:

- Symptoms of overdose may include: nausea/vomiting, loss of appetite, mental/mood changes, headache, drowsiness, weakness, tiredness.
- In case of overdose contact your doctor or nearest hospital.

Drug interactions:

- Zinc reduce the absorption of oral tetracyclines, these products should be taken within two hours from each other.
- Mineral oil reduces absorption of fat soluble vitamins such as vitamin D.
- Some products that may interact with this drug include: digoxin, phosphate binders, thiazide diuretics (e.g., hydrochlorothiazide).
- Calcium can decrease the absorption of other drugs such as tetracycline antibiotics (e.g., doxycycline, minocycline), bisphosphonates (e.g., alendronate), estramustine, levothyroxine, and quinolone antibiotics (e.g., ciprofloxacin, levofloxacin). Also, certain medications can decrease the absorption of vitamin D (bile acid sequestrants such as cholestyramine/colestipol, mineral oil, orlistat). Therefore, doses should be separated.

Pregnancy and Lactation:

- **Osteozal®** may be administered during pregnancy and lactation at the recommendation of the physician.

Special precautions for storage:

- Keep out of the reach and sight of children.
- It should be stored in a cool, dry place and at temperature not exceed 30°C.
- Keep in original container.

Nature and content of container:

- Box of 3 blisters.
- Each blister contain 10 film coated tablet.

Marketing Authorization holder and manufacturer:

Azal Pharma.
Tele: (+249)185322770
Fax: (+249)155118855
E-mail: azal@azalpharma.com
Website: www.azalpharma.com

الأبعاد: 14×21 سم
نوع الخط: Times New Roman
حجم الخط: 7
رقم البانتون: 639U
تاريخ التعديل: 2016-5-23م

	Date	Sign.
R&D		
S.O.		
Q.C.		
Q.A.		
Tec. Manager		